1. **Write the eight types of human beings.**

|  |  |
| --- | --- |
| Stronger Angelic Power | No Animalistic Power |
| No Angelic Power | Stronger Animalistic Power |
| Stronger Angelic Power | Weaker Animalistic Power |
| Weaker Angelic Power | Stronger Animalistic Power |
| No Angelic Power | No Animalistic Power |
| Weaker Angelic Power | No Animalistic Power |
| No Angelic Power | Weaker Animalistic Power |
| No Animalistic Power | No Angelic Power |

1. **Which of these eight types do you belong to?**

I think I belong to this group Stronger Angelic Power, Weaker Animalistic Power.

1. **List four qualities of angelic and animalistic power.**

The four qualities of angelic and animalistic power are as follows:

Angelic Power:

1. Purity (طہارت)

2. Ability to understand

3. Self-respect (انصاف پسند)

4. Sensitivity (زراعت)

Animalistic Power:

1. Anger (غصہ)

2. Arrogance (تکبر)

3. Desire (خواہش)

4. Attachment to material possessions (حب مال)

1. **Recognize these qualities within yourself.**

Ability to understand, Sensitivity, Self-respect, Desire, Anger.

If I were to introspect and categorize myself based on certain characteristics, I believe I would predominantly exhibit angelic traits rather than animalistic ones. This inclination is deeply rooted in my upbringing and personal experiences. Growing up as the eldest daughter in my family, I have been ingrained with the responsibility of looking after my younger siblings. This role has moulded me into someone who prioritizes others' needs, practices compassion, and strives to embody the best qualities for the betterment of those around me.

My upbringing has instilled in me a sense of duty and empathy towards others. I find fulfillment in offering support and guidance to my family and friends, and I am driven by a genuine desire to make a positive impact in their lives. This innate sense of responsibility and care has shaped my character, leading me to prioritize acts of kindness, cooperation, and fostering harmony within my familial and social circles.

While I recognize the importance of self-care and personal growth, my natural inclination leans towards nurturing relationships, promoting understanding, and contributing positively to the well-being of others. Through these experiences, I have come to value virtues such as integrity, generosity, and kindness, integrating them into my daily interactions and endeavours.

1. **How do these qualities impact your personality?**

These experiences have shaped my perspective on life, leading me to value virtues such as integrity, generosity, and kindness. I've learned to appreciate the significance of empathy and compassion in building meaningful connections with others. My inclination towards angelic traits influences my interactions and decisions, guiding me towards behaviours that prioritize the well-being of those around me. It has also fostered a sense of inner fulfillment and purpose, as I derive joy from contributing positively to the lives of others and fostering a supportive environment within my social circles.

1. **What methods can be used to eliminate negative qualities?**

Self-reflection and seeking feedback from trusted sources can help identify negative traits. Practicing mindfulness and self-awareness aids in recognizing and addressing negative thought patterns. Engaging in self-care activities reduces stress and negative emotions. Setting goals for personal development and seeking guidance from mentors or therapy sessions can lead to meaningful progress in replacing negative qualities with positive ones.